

Bingham County Senior Center
PO. Box 849
Blackfoot, ID 83221
Phone: (208)785-4714
Dated Material Please Don't Delay

NON-PROFIT ORGANIZATION
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BLACKFOOT, ID 83221
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VOLUME 41
ISSUE 4
APRIL 2018



THE SENIOR SCOOP

Bingham County Senior Center

APRIL 2018

Volume 41, Issue 4

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Happy Easter!



Overnight Jackpot Trip

April 25th & 26th

Leave Senior Center at: 12:00 PM

Arrive home on the 26th at 4:00 (approximately)

\$135.00



(Includes everything listed below)

Included in trip

- Tons of games and prizes on the trip!
- Catered box lunch on the way to Jackpot. Sandwich, chips, drink and cookie.
- Buffet Dinner at Cactus Pete's
- Room in the Tower at Cactus Pete's. (based on double occupancy)
- Lunch at The Canyon Crest Restaurant overlooking the Snake River Canyon. Sandwich, soup, salad and dessert.
- Shoshone Falls Tour



EVERYONE WELCOME!
Seats are limited so sign up
fast!

Possible Newsletter Errors

We kant bee perfect all the tyme, our mistakes
are whut makes us unikue and speshal.

Volunteer Appreciation Month

108 Priceless Volunteers

Thousands of boxes lifted

10,984 Selfless volunteer hours
given

Hundreds of tanks of gas
filled

28,236 Miles Driven

Thousands of pounds of food
given

13,438 Congregate Meals
Provided

Countless smiles and hugs
distributed

19,753 Meals on Wheels
Delivered



Spring Break Word Search

W Y C B V R X Z L A P K A F D Y K S D S M G V B S
J L U V I E F N A Y Y R R W U L O G R Z Z I R C P
C C G V Q T P Q I D F E H N X C A U X S L N K M R
R K A D M R U R Y C E N A S I R O A Q R P U T X I
J Q I F P A N E S T E L I A E H U J I M L Z A Y N
J K H Q G U C F I C E W L G A P J X H S S B M O G
F V P B H Q Z M J T W M E R N W G N I G Y B C Z B
S C F D E E E H D G E S T A Y I N G U P L A T E R
N K Z Z B R E P X D E X H Z T T P G S B U E H E E
Z O D F V O D X I S E K Q X F H F E D R N L E Q A
Y K S U W M U A M K E G I A E I E T E I X L G G K
T L A C M E A L R S D N E I R F K R H L J O Q O V
N V I E H N N O I T A X A L E R P S N H S K D N R
M M B M M O W Y S V E Z Y N G M N T N E N T Q V Q
G O W H A C O S E P Y C N E I U T B B J Q Q U D V
L Z W O Q F J L I Y X K G E S V H F N X P X O W N
S O Y N E E R Z V G Y M J M Z A E Q S A I O U R T
J Z G X Q L K C O L D D W I M C F S X Z F X H N N
P N E W D R P Z M K W B T T F A Q O E G O T S O M
W Z Y P V P B A U K D Q S G P T P Y O X P O F T S
L D E B Z B K U R S J K S N I I T U F Y U G F B F
F U N T I M E S T O S H O I F O Q F D T P V B D I
K M S F W Q O U F U W X A R C N V P N E N B M L K
S X D O U M I O Z K H Q J P U X S Q U S B O K W Z
T F N X M S J R X P J W R S J D V M G W M A L H R

FAMILY
FRIENDS
NICEWEATHER
RELAXATION
SPRINGBREAK
SUNSHINE

FOOD
FUNTIMES
NOSCHOOL
SLEEPINGIN
SPRINGTIME
VACATION

FREETIME
MOVIES
ONEMOREQUARTER
SOCIALMEDIA
STAYINGUPLATE
WORKEXTRAHOURS

MARCH 2018
\$5.00 A MONTH CLUB
THANK YOU TO ALL THAT CONTRIBUTE!

Our \$5.00 a month club is for our Meals on Wheels recipients. We currently deliver daily meals to over 100 home-bound seniors in Bingham County. Many of our seniors are unable to pay for this service. Your help ensures that we can deliver to everyone.

BILL & JOYCE ISON

ALICE KONISHI

KENNETH NILSSON

RUSSELL & JEANIE POTTER

M. JOAN SHAFER

FRANK & KIMI TOMINAGA

ROGER & PAULA PETERSON

FRED WOODLAND

SHARON EMPEY

TERRY GOODWIN

GLENNA DAVIS

BOBBIE & TOM DRYSDALE

CHRIS & LYNDA NOWACKI

DON KELLY

SPENCER & ANDREA WILLIAMS

RICHARD & SHIRLEY MERRILL

PAM BEUS

RALPH DUNN

CHERI MITCHELL

MID TSUKAMOTO

MARY BALLARD

GEM VILLAGE

DIXIE MONTGOMERY

MAX WATERS

TOM & SANDY PACKER

JACK DETMER

JACKIE BABCOCK

JUNE ARAVE

LOLA BROWER

VEEANN WILLIAMS



AARP SAFE DRIVING CLASS

Wednesday April 4th

9:00-4:00

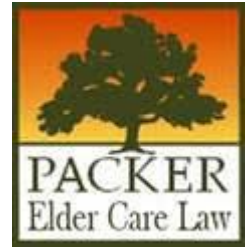
**Call Becky Young at
(208)313-5586 to schedule**

The
Sables
Assisted Living
& Memory Care

April 2018

Medicaid Myths

Don't believe everything you hear about Medicaid.



I have had several calls and questions about Medicaid that make it clear that there is misinformation about Medicaid. Here are some of the questions I fielded this past r

1. "Is it true that if I am applying for Medicaid and sell my home, I have to use the proceeds of the sale to pay for my long-term care?" First, you **do not** have to sell your home. Your home does not count toward Medicaid eligibility. If you are a couple, after one spouse qualifies for Medicaid the home can be transferred to the non-Medicaid spouse, who can continue living in the home. If you are single, Medicaid allows you to sign a form that you intend to return home, if possible. This allows you to retain ownership and control of your home. However, Estate Recovery will make a claim against your estate for the costs of your care after you have passed away.

If you decide to sell your home, Medicaid requires you to spend down your cash assets to \$2,000 for a single person or \$3,000 for a couple if both are on Medicaid. But the **proceeds of the sale can be spent to benefit you personally**. For example, you can pay off debts, buy a new car, pay for eye care, prepay funeral expenses, pay for travel, pay for dental and medical expenses not covered by Medicare or Medicaid, or for any other expenditures that benefit you. The proceeds of the sale of your house **do not** have to be used to pay for your care. One final point, you **cannot** give your money away. There is a 5-year lookback for any money that is given as a gift.

2. "Is it true that if I set up a Miller Trust, that I can use the money in the trust to pay medical bills or upgrade my room to a private room?" You **cannot** use the money in a Miller Trust to pay medical bills or upgrade a room. A Miller Trust helps you qualify for Medicaid when your monthly income exceeds the maximum limit allowed by Medicaid, which is \$2270 per month in 2018. If your income exceeds that amount, you can use a Miller Trust, to qualify for Medicaid, but the money that goes into the Miller Trust is used to pay for your share of costs at the facility. Any money left in the trust at your death goes back to Medicaid.

Another trust, known as a Special Needs Trust, is a trust set up to supplement the needs of a person who is disabled and receiving Medicaid. If a person has a Special Needs Trust, it **can** be used to pay medical bills or upgrade a room. Apparently, the person who asked the question was confusing a Miller Trust and Special Needs Trust. These are different trusts that are used in different situations.

3. One last myth to dispel—If you are married, and only one spouse is going on Medicaid, the well spouse can keep half of the cash assets up to \$123,600, and the other spouse can still qualify for Medicaid. These Medicaid Myths that are passed around can cause you to spend down more cash than you need to. It is important to have accurate information when making decisions about Medicaid. The costs of long-term care represent a significant financial risk. Understanding how Medicaid works will allow you to access government benefits in the least, financially-disruptive manner possible.

Please see our website at www.packereldercarelaw.com
to view all our Senior Tips! (From 2012-2018)

Tom Packer is an Elder Law Attorney serving all Southeast Idaho. As part of his law practice, Tom offers Life Care Planning to deal with the challenges created by long-term illness, disability and incapacity. If you have a question about a Senior's legal, financial or healthcare needs, please call us.

Thomas W. Packer
186 East Judicial Street
Blackfoot, Idaho 83221
208-785-5600



Every Monday Until April 16th

Starting at 9:00 am

This service is provided by volunteers

Our doors open at 8:00

First come first served

Toenail Clinic

Call and schedule your toenail treatment.

Space is limited, and appointments are required.



Alzheimer's Support Group

Do you know someone who is diagnosed with Alzheimer's disease or a related dementia? Are you looking for support or information?



SPECIAL GUEST: TOM PACKER ELDER CARE LAW ATTORNEY

Information regarding legal issues associated with the elderly

5:30PM ON WEDNESDAY APRIL 11TH

495 EMERALD AVE, BLACKFOOT ID 83221

CALL 1 (208) 785-9920 EXT. 120 FOR MORE INFORMATION

Ingredients

RED POTATO SALAD DIJON

3-1/2 pounds red potatoes (about 12 medium), cubed

1/4 cup Dijon-mayonnaise blend

3 tablespoons seasoned rice vinegar

3 tablespoons olive oil

4 teaspoons minced fresh tarragon

1-1/2 teaspoons salt

3/4 teaspoon pepper

6 green onions, thinly sliced



Directions

Place potatoes in a Dutch oven; add water to cover. Bring to a boil. Reduce heat; cook, uncovered, 10-15 minutes or until tender. Drain; transfer to a large bowl.

In a small bowl, mix mayonnaise blend, vinegar, oil, tarragon, salt and pepper.

Drizzle over potatoes; toss to coat. Gently stir in green onions. Serve warm.

Refrigerate leftovers. **Yield:** 12 servings (3/4 cup each).



Join us for Bingo every Monday and Thursday at 1:00.

And

Night Bingo on the 2nd and 4th Tuesday of the month at 5:30.

(Bring a snack to share for Night Bingo)

Everyone over 18 welcome!

Breakfast Buffet

Every Friday from 9:00-10:30

Lunch Buffet

Monday-Thursday 11:00-12:30




DO YOU HAVE YOUR CHUCK-A-RAMA SENIOR DISCOUNT CARD? STOP BY THE SENIOR CENTER TO PICK ONE UP FOR \$1.00. SAVES 20% ON EACH MEAL AND YOUR 1ST MEAL IS FREE!

Heartfelt 
THANKS
TO OUR VOLUNTEERS!

Ridley's Home Town Advantage Program

It's that time of year again to donate your Ridley's points. If you are interested in donating your points to The Senior Center, fill out the form below and bring it in to be sent off. **You will also receive a complimentary lunch/breakfast coupon for your donation.** Thank you!

HTA Request to Donate!	
<p>Mail to: Ridley's Family Markets Att: Cherie 621 Washington St S Twin Falls, ID 83301</p> <p> 208-324-4633 x10118</p> <p>Organization Name: _____</p>	<p>Please process a new donation as marked below:</p> <p><input type="checkbox"/> Please donate all of the points in my acct (1 x upon receipt)</p> <p><input type="checkbox"/> Please donate _____ points (1x upon receipt)</p> <p><input type="checkbox"/> Please donate all of the points in my acct (now and at the end of each quarter through the end of the year)</p> <p>Name: _____</p> <p>Address: _____</p> <p>Phone #: _____</p> <p>Advantage Card #: _____</p> <p>Signature: _____ Date: _____</p>

Healthy Diabetes Plate

A FREE 4-part series for type 2 diabetics & caregivers

April 4th, 11th, 18th and 25th

3:00-5:00 PM

Southeastern Idaho Public Health
1901 Alvin Ricken Dr. Pocatello

Call

(208)478-6316



Bookshelves Needed

Our library is expanding, and our shelving is breaking! The Senior Center needs several large, sturdy bookshelves. If you are handy and would like to build some, or have some to donate, we would be thrilled!



Comfort Home Care

helping hands, caring hearts

(208)681-5533

Non-Medical in Home Elder Care