



Thanksgiving Luncheon

Please Join Us

Wednesday, November 20, 2024

11am to 12:30pm

For our Annual

Thanksgiving Luncheon

Turkey, Stuffing, Homemade Rolls and all the Fix'ins

Everyone is Welcome!

Order Your Thanksgiving Dinner Rolls/ Pies Here

Dinner Rolls/Pie orders for Thanksgiving must be placed by November 21st. Pick-up will be on Wednesday November 27th by 1pm.

Must order by the dozen—\$8 per dozen Whole Wheat or White.

Pumpkin Pies \$10

Chocolate or Banana Cream Pies \$9

Please call the Center at 208-785-4714 and speak with Cassie to place your order.

BOARD MEMBERS

CHAIRMAN
LEON PETERSON

VICE CHAIRMAN
JEANIE POTTER

SECRETARY
DEBBIE KLUVERS

TREASURER
JARED EDDINGTON

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TOM PACKER
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DORINE ADAMS
TODD BURKE
AL STALDER

STAFF

DIRECTOR
PAM BEUS

OFFICE STAFF
TERA YOUNG
MONICA BANKHEAD

KITCHEN STAFF
MINDIE CAMERON
CASSIE DUCSCHER
JEREMY ATWOOD
CHRIS MOON

Senior Center Activities

Our Activities have resumed and we love to see everyone enjoying them.

Please donate **\$1** Each Time you participate in an activity you like to enjoy at the Senior Center.

These donations will help the Centers overhead costs, which include: maintenance, custodial, power, gas, water and sewer.

Thank You!

For donating to The Senior Center and keeping our activities available to all.

HAPPENINGS AT SENIOR CENTER

- Bingo – Monday at 1:00
- Bridge – Wednesday at 1:00
- Chair Volleyball – Monday & Wednesday at 9:00
- Dominos – Thursday at 12:45
- Fit and Fall Proof – Tuesday & Thursday at 9:30 to 10:15
- Hair cuts – 2nd Tuesday at 9:00
- Hand & Foot – Tuesday from 10:30 to 11:30
- Helping Hands- Thursday from 10:30 to 11:30
- Line Dancing – Tuesday at 12:45 & Wednesday at 1:00
- Pinochle – Monday thru Thursday mornings
- Zumba Gold – Tuesday & Thursday at 2:15



Kitchen News

November Cookie Cookies & Cream

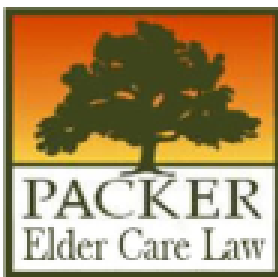
\$5 for a 6 pack of cookies.

Sign-up will be available until 11/11/2024

Cookies pick-up will be 11/14/2024

December Cookie

White Chocolate Candy Cane



*** We help Seniors with:**

Estate Planning Documents; Wills, POA
Healthcare Needs / Paying for Care
Probates / Guardianships

September 2024

Community Spouse Resource Allowance

Tip: Don't impoverish your spouse if you go on Medicaid.

You may have heard that you can only have \$2,000.00 and still qualify for Medicaid to pay for long-term care. While this is true for individuals applying for Medicaid, if the person applying for Medicaid is married, Federal law allows the spouse remaining at home to retain a significant amount of the couple's assets so that he or she doesn't become impoverished when the other spouse goes into a care facility.

If a person needs but can't pay for the cost of long-term care, in addition to filing a Medicaid application for the spouse going into a facility, a couple should file a Community Spouse Resource Allowance (CRSA), which allows the stay-at-home spouse to retain certain assets. For the following discussion on the CRSA, I am designating the stay-at-home spouse the wife and the Medicaid applicant, the spouse going into a facility, the husband.

Medicaid categorizes resources as exempt assets and countable assets. **Exempt** assets include the following:

- Primary residence
- Personal household goods
- One vehicle per spouse
- Prepaid funeral
- IRAs if the RMD is being taken

Exempt assets are not counted toward the \$2,000 asset limit to qualify for Medicaid.

Countable assets include pretty much everything else including the following:

- Cash
- Savings and checking accounts
- Cash value of insurance policies

The total value of the countable assets of an individual cannot exceed the \$2,000 asset limit.

In 2024, in addition to the exempt assets, the wife can retain 50% of the couple's countable assets, up to a maximum of \$154,140. If the non-applicant's share of the assets is under \$30,828, 100% of the assets, up to \$30,828 can be retained by the wife.



SAFER DRIVING MAY SAVE YOU MONEY

Take the AARP Smart Driver™ classroom course and you could save on your car Insurance!*

- » Refresh your driving skills and knowledge of the rules of the road.
- » Learn techniques for handling left turns, right-of-way and roundabouts.
- » Discover proven driving methods to help keep you and your loved ones safe on the road.

THERE'S A CLASSROOM COURSE IN YOUR NEIGHBORHOOD!

NEW
CONTENT
ADDED!

Date & Time:

Monday, November 18, 2024
8:45 AM till 4:00 PM

Location:

Bingham County Senior Center
20 E. Pacific Street
Blackfoot, Idaho 83221

Register:

208) 785-4714 Bingham County Senior Center - Monica)
or
(208) 589-9186 (Ann)

CLASSROOM COURSE

\$20 for AARP members
\$25 for non-members

TO FIND ADDITIONAL COURSES

Visit: www.aarp.org/driving36
Call: **1-888-773-7160**

* Upon completion you may be eligible to receive an auto insurance discount. Other restrictions may apply. Consult your agent for details.

\$5.00 a Month Club

October

Our \$5.00 a month club supports our Meals on Wheels program. We currently deliver daily meals to over 100 home-bound seniors in Bingham County. Many of our seniors are unable to pay for this service. You can help by buying a senior a meal.

Call the center and become a part of our Club today at 208-785-4714.

RAY & CHELTA ARENS	AL & ANN GOEHRINGER	SHEAR MADNESS
JACKIE BABCOCK	NANCY GODFREY	LYNN MICKELSEN
MARY BALLARD	DAVID HALE	CHERI MITCHELL
PAM BEUS	SAUNDRA HAMM	MIRIAM MONTAGUE
BRIC & BRAC	MARGARITE HARTMAN	DIXIE MONTGOMERY
LOLA BROWER	MARY HOUSE	JAMES & JAN PARKS
MARILYN BUM P	RUTH JONAS	LEON & MARGARET PETERSON
BLANE & CHRISTINE BURKMAN	TAMI JONES	RUSSELL & JEANIE POTTER
DEEANN CHAVEZ	KEITH & CATHY JOHNSON	MARY REYNOLDS
MARILYN CLEMENTS	PAUL & CAROL JORDAN	ARUTHER & ELAINE ROBINSON
MERV & IRENE DOLAN	BRUCE & CHARLOTTE KAISER	BEVERLY SALISBURY
DAVID DOSS	DON KELLY	AL & KETHERINE STALDER
ANDREW DUNCHAN	JOHN & DEBBIE KLUVERS	RANDY THOMPSEN
CHAD & AUDREY EBERHARD	MARCIA KNIGHT	JULIE URIAS
NICK & NICHOLLE ELFERING	ALICE KONISHI	DWAYNE UGAKI
DENNIS & JEANE FOLKNER	GARY & LINDA LARSEN	JEAN WADSWORTH
MARTY FREEBURNE	JANICE LAWES	SPENCE & ANDREA WILLIAMS
ROXIE GARDELS	JESSE LEYVAS	BESSIE WILLYERD
TRISH & HARVEY GERBER	BENNIE & DENISE LILLY	GARY & SONJA WRIGHT
JODI GIOVANAZZI	PAUL & JUDY LOOMIS	WAYNE & BECKY YOUNG

CORPORATE SPONSORS

MEMBERS PREFERRED CREDIT UNION

SCHWAB CHARITABLES

THE CANDY JAR











STATE RECOVERY

ALSCO















1ST RESPONSE RESTORATION

Winter Preparedness Checklist

 Home Winter Preparedness Checklist 		
<input type="checkbox"/>  Select Foods See Additional Checklist	<input type="checkbox"/>  Warm Clothing Hats, Mittens, Parkas, Boots	<input type="checkbox"/>  Flashlights & Extra Batteries
<input type="checkbox"/>  Disposable Dishware Plates, Bowls, Utensils	<input type="checkbox"/>  Extra Blankets	<input type="checkbox"/>  First Aid Kit
<input type="checkbox"/>  Specialty Items Meds, Infant Formula, etc.	<input type="checkbox"/>  Matches For Candles & Gas Fireplaces	<input type="checkbox"/>  Cell Phone Fully Charged
<input type="checkbox"/>  Portable Radio AM/FM/Wx Radio & Batteries	<input type="checkbox"/>  Shovel/Snow Blower Check condition & maintain	<input type="checkbox"/>  Firewood For Wood Fireplaces

 Car Winterization Checklist 	
<input type="checkbox"/>  Check Engine Fluid Levels Oil, Coolant, Washer Fluid, etc.	<input type="checkbox"/>  Inspect Tire Tread Replace if Near Wear Limit
<input type="checkbox"/>  Test Battery Replace if Necessary	<input type="checkbox"/>  Install Snow Tires if You Own a Set
<input type="checkbox"/>  Use Deicing Washer Fluid Clean Windshield at Low Temps	<input type="checkbox"/>  Test Headlights & Taillights
<input type="checkbox"/>  Switch to Synthetic Oil Handles the Cold Better	<input type="checkbox"/>  Add & Inspect Winter Survival Kit

 Home Winter Survival Food Checklist 	
<input type="checkbox"/>  Canned Fruits and Vegetables Requires a Manual Can Opener	<input type="checkbox"/>  Bread and Condiments Keep Bread Frozen to Last Longer
<input type="checkbox"/>  Crackers, Nuts, Fruit Bars, Chips High Energy Foods	<input type="checkbox"/>  Cereal and Toaster Pastries
<input type="checkbox"/>  Soups Some Soups Require Water or Heating	<input type="checkbox"/>  Meals Ready to Eat (MREs)
<input type="checkbox"/>  Cookies and Hard Candy	<input type="checkbox"/>  Bottled Water 1 gallon per person, per day (for at least 3 days)

 Car Winter Survival Kit Checklist 		
<input type="checkbox"/>  Flashlight & Extra Batteries	<input type="checkbox"/>  Blankets/Sleeping Bag	<input type="checkbox"/>  Extra Clothing Hats, Mittens, Parkas, Boots
<input type="checkbox"/>  First Aid Kit	<input type="checkbox"/>  Non-Perishable Food Granola Bars, Dried nuts, etc.	<input type="checkbox"/>  Sand/Kitty Litter Used for Traction
<input type="checkbox"/>  Snow Shovel	<input type="checkbox"/>  Bottled Water	<input type="checkbox"/>  Cell Phone & Charger
<input type="checkbox"/>  Ice Scraper with Brush	<input type="checkbox"/>  Booster Cables	<input type="checkbox"/>  Flares/Triangles & other Bright Objects

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November

4

9:00 Chair Volleyball
1:00 Bingo

**Finger Steaks
Soup & Salad Bar**

5

9:30 Fit & Fall
12:45 Line Dancing
1:00 Hand & Foot
2:15 Zumba Gold

**Garlic Bread Pizza
Soup & Salad Bar**

6

9:00 Chair Volleyball
11:30 FOUR C's Music
1:00 Bridge
1:00 Line Dancing

**Breaded Chicken
Sandwich
Soup & Salad Bar**

7

9:30 Fit & Fall
10:30 Helping Hands
12:45 Dominos
2:15 Zumba Gold

**Hotdogs & mac N'
Cheese
Soup & Salad Bar**

8

9-10:30 Breakfast

**MOW— Teriyaki
Chicken**

9

11

9:00 Chair Volleyball
1:00 Bingo

**Philly Cheesesteak
Soup & Salad Bar**

12

9:00 Haircuts
9:30 Fit & Fall
12:00 Soroptmists
12:45 Line Dancing
1:00 Hand & Foot
2:15 Zumba Gold

**Pork Roast
Soup & Salad Bar**

13

9:00 Chair Volleyball
11:30 FOUR C's Music
1:00 Bridge
1:00 Line Dancing

**Tuna Casserole
Soup & Salad Bar**

14

9:30 Fit & Fall
10:30 Helping Hands
12:45 Dominos
2:15 Zumba Gold

**Beef Enchiladas
Soup & Salad Bar**

15

9-10:30 Breakfast

**MOW— Biscuits &
Gravy**

16

18

8:30 AARP Safe Drivers course
9:00 Chair Volleyball
1:00 Bingo

**Chicken Fried Chicken
Soup & Salad Bar**

19

9:30 Fit & Fall
12:45 Line Dancing
1:00 Hand & Foot
2:15 Zumba Gold

**Tacos
Soup & Salad Bar**

20

No Activities
**Thanksgiving
Luncheon**

21

9:30 Fit & Fall
10:30 Helping Hands
12:45 Dominos
2:15 Zumba Gold

**Patty Melts
Soup & Salad Bar**

22

9-10:30 Breakfast

**MOW— Breaded Pork
Chop**

23

25

9:00 Chair Volleyball
1:00 Bingo

**Ham & Au Gratin
Soup & Salad Bar**

26

9:30 Fit & Fall
12:45 Line Dancing
1:00 Hand & Foot
2:15 Zumba Gold

**Chicken Enchiladas
Soup & Salad Bar**

27

9:00 Chair Volleyball
1:00 Bridge
1:00 Line Dancing

**Malibu Chicken
Soup & Salad Bar**

28

Closed
**Happy
Thanksgiving**

MOW- Meatball Subs

29

Closed

MOW-Salisbury Steak

30

Bingham County Senior Citizens Center

Our Mission Statement is:

“To enhance the quality of life for seniors and others in our community through nutrition, housing, education, and, social opportunities.”

Contact Us

Give us a call for more information about our services and products

Bingham County Senior Citizens Center

20 E. Pacific Street
Blackfoot, ID 83221

(208) 785-4714

bcsc@seniors4ever.com

Visit us on the web at
www.seniors4ever.com



1-800-247-4422 www.shiba.idaho.gov

November 2024

United Way

