

From the Executive Director's Desk

November 2026

Dear Members,

As we move into November, I have found myself reflecting on just how much happens within the Bingham County Senior Citizens Center each day. Some of it is easy to see; the meals served, activities happening throughout the building, Meals on Wheels leaving each day, and familiar faces gathering together. But much of what keeps the Center going happens quietly behind the scenes.

Operating the Center means much more than what happens during lunch or an activity. There are grants to research and manage, reports to complete, bills to pay, funding requirements to understand, programs to coordinate, building needs to address, and plans to make for the future. A significant part of my role also involves researching regulations, requirements, resources, and opportunities to make informed decisions for the Center. At the same time, plans can quickly change when a staff member needs assistance or an unexpected situation requires immediate attention. Every day looks a little different, and all of these responsibilities are part of keeping the Center operating and moving forward.

This month, I especially want to recognize the staff. I am incredibly grateful to work alongside people who welcomed me into a new role, have shared their knowledge with me, answered countless questions, and continued to support me as we navigate changes and challenges together. I also see the work they do every day, much of which goes unnoticed, and I appreciate the care and effort they put into keeping the Center's programs and services running.

I am equally grateful for the many volunteers, donors, businesses, organizations, and community partners who make this work possible. Whether someone gives their time, makes a donation, supports a fundraiser, delivers meals, shares resources, or simply asks how they can help, every contribution helps strengthen the work we are able to do.

As Executive Director, much of my responsibility is focused on ensuring that the Center is not only serving people today but is positioned to continue doing so well into the future. That means looking beyond what is happening in the moment, doing the necessary research, and making decisions with the long-term health and sustainability of the organization in mind.

This Thanksgiving season, I hope we can take a moment to appreciate all that happens within these walls and all of the people who make it possible. There is much to be grateful for, and I am thankful for everyone who contributes positively to the Bingham County Senior Citizens Center.

Sincerely, Jamie Melling

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BINGHAM COUNTY SENIOR CITIZENS CENTER

ThanksGiving Luncheon

TURKEY, MASHED POTATOES
AND GRAVY, STUFFING & MORE

November 18, 2026

Lunch is served from 11:00 a.m. to 12:30 p.m.



Order your Thanksgiving dinner rolls and pies

Orders must be placed by November 19th

CREAM PIES $12

Chocolate

Coconut

Banana

DINNER ROLLS $8 A DOZEN

White

Whole Grain

COOKIE DOUGH $6 A POUND

Sugar

Peanut Butter

Chocolate Chip

PUMPKIN PIE BARS $15 A DOZEN

Orders will be ready for pick up

November 25th after 12 Noon

Call the Center to place an order 208-785-4714

Senior Center Activities

Our Activities have resumed and we love to see everyone enjoying them.

Please donate **$1** Each Time you participate in an activity you like to enjoy at the Senior Center.

These donations will help the Centers overhead costs, which include: maintenance, custodial, power, gas, water and sewer.

Thank You!

For donating to The Senior Center and keeping our activities available to all.

HAPPENINGS AT SENIOR CENTER

- Bingo – Monday at 1:00
- Bridge – Wednesday at 1:00
- Chair Volleyball – Monday & Wednesday at 9:00
- Dominos – Thursday at 12:45
- Fit and Fall Proof – Tuesday & Thursday at 9:30 to 10:15
- Hair cuts – 2nd Tuesday at 9:00
- Helping Hands- Thursday from 10:30 to 11:30
- Line Dancing – Tuesdays at 1:00 & Wednesday at 1:00 & 2:00
- Zumba Gold – Tuesday & Thursday at 2:15

FROM THE DESK OF THE LIAISON COMMITTEE – The Suggestion box was opened on September 1, 2026. There were no suggestions in the box.

There has been a change in how to submit a suggestion. If you want to remain anonymous, a name and phone number are no longer required. If you want the Liaison Committee to respond to you about the suggestion, the form must be signed with your phone number. Also, if you have an idea on how to implement the suggestion, please add it to the form

The Committee welcomes your suggestions and ideas for ways to improve our senior center and make our programs and activities better for everyone.

Please remember, the suggestion box is intended for constructive ideas and helpful suggestions, rather than complaints or personal grievances. Individuals with concerns or complaints regarding the Center, its staff, programs, services, or operations, should first speak directly with the Executive Director. The concern will be discussed and, when possible, resolved informally. If the concern cannot be resolved, the individual may then follow the Center's formal grievance process. The Grievance Policy and Procedures are posted near the front desk and outline the appropriate steps for submitting and addressing formal grievance.

GENEROSITY CORNER – Thank you to Fixxology Drinks and Scoops Ice Cream Shop for their discounts to seniors who purchased items on National Senior Citizens Day.

Winter Preparedness Checklist

Home Winter Preparedness Checklist

- ☐  Select Foods
  See Additional Checklist
- ☐ Disposable Dishware
  Plates, Bowls, Utensils
- ☐  Specialty Items
  Meds, Infant Formula, etc.
- ☐  Portable Radio
  AM/FM/Wx Radio & Batteries
- ☐  Warm Clothing
  Hats, Mittens, Parkas, Boots
- ☐  Extra Blankets
- ☐  Matches
  For Candles & Gas Fireplaces
- ☐  Shovel/Snow Blower
  Check condition & maintain
- ☐  Flashlights
  & Extra Batteries
- ☐  First Aid Kit
- ☐  Cell Phone
  Fully Charged
- ☐  Firewood
  For Wood Fireplaces

Car Winterization Checklist

- ☐  Check Engine Fluid Levels
  Oil, Coolant, Washer Fluid, etc.
- ☐  Test Battery
  Replace if Necessary
- ☐  Use Deicing Washer Fluid
  Clean Windshield at Low Temps
- ☐  Switch to Synthetic Oil
  Handles the Cold Better
- ☐  Inspect Tire Tread
  Replace if Near Wear Limit
- ☐  Install Snow Tires if You Own a Set
- ☐  Test Headlights & Taillights
- ☐  ***Add & Inspect Winter Survival Kit***

Home Winter Survival Food Checklist

- ☐  Canned Fruits and Vegetables
  Requires a Manual Can Opener
- ☐  Crackers, Nuts, Fruit Bars, Chips
  High Energy Foods
- ☐  Soups
  Some Soups Require Water or Heating
- ☐  Cookies and Hard Candy
- ☐  Bread and Condiments
  Keep Bread Frozen to Last Longer
- ☐  Cereal and Toaster Pastries
- ☐  Meals Ready to Eat (MREs)
- ☐  Bottled Water
  1 gallon per person, per day (for at least 3 days)

Car Winter Survival Kit Checklist

- ☐  Flashlight
  & Extra Batteries
- ☐  First Aid Kit
- ☐  Snow Shovel
- ☐  Ice Scraper
  with Brush
- ☐  Blankets/Sleeping Bag
- ☐  Non-Perishable Food
  Granola Bars, Dried nuts, etc.
- ☐  Bottled Water
- ☐  Booster Cables
- ☐  Extra Clothing
  Hats, Mittens, Parkas, Boots
- ☐  Sand/Kitty Litter
  Used for Traction
- ☐  Cell Phone
  & Charger
- ☐  Flares/Triangles
  & other Bright Objects



Kitchen News : The kitchen will no longer be doing To-Go orders during special Luncheons

(Valentine's, St.Patrick's, Mother's Day, Father's Day, Thanksgiving, and Christmas)

PACKER
Elder Care Law

* **We also help Seniors with**:
Estate Planning Documents
Medicaid Qualification
Guardianships/Probates

October 2026
Senior Tip - Legal

Claiming property Without Probate: The Small Estate Affidavit in Idaho.

Tip – If the total value of an estate is under $100,000.00, you may be able to claim the property with an Affidavit instead of filing for probate.

Every so often, a client comes to my office after a parent has died. The parent didn't have any real property—a home or acreage—but did have a checking account and savings account, and a car titled only in the parent's name. The client has already gone to the bank, but even with a death certificate (and sometimes a Will naming the child as personal representative), the bank refused access to the accounts. The county assessor's office then told them the car title can't be transferred without probate. Understandably, the client doesn't want to go through probate and asks whether there is another way to reach the money and retitle the car.

The good news is that there is. Idaho Code § 15-3-1201 lets a person who claims to be the decedent's successor collect property by Affidavit. The successor presents the Affidavit to any person or institution that owes money to the decedent or holds the decedent's tangible personal property. Once it is presented, the bank must release the account funds, and anyone holding tangible personal property must deliver it to the successor.

An Affidavit is a sworn statement signed in front of a notary. Under § 15-3-1201, it must state that:

- The fair market value of the decedent's entire probate estate, less encumbrances, does not exceed $100,000.
- At least thirty days have passed since the decedent's death.
- No application for appointment of a personal representative is pending or has been granted in any jurisdiction.
- The person claiming is entitled to payment or delivery of the property.

To transfer a vehicle title, the Idaho Transportation Department's website offers a dedicated Affidavit form for vehicles.

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ELKS LODGE #1416

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BINGHAM MEMORIAL HOSPITAL

BOWER'S COLLISION & REFINISHING

GLAMBIA NUTRITIONALS—BLACKFOOT FACILITY

1ST RESPONSE RESTORATION

SIMPSON DENTAL

THE CANDY JAR

SUPER 8 MOTEL

GOLD

STEWART HOOVER AMERICAN LEGION POST 23

DOES #190

UNITED METHODIST WOMAN

MEMBER'S PREFERRED CREDIT UNION

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LOOKOUT CREDIT UNION

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RUPES INC.

$5.00 a Month Club

October

Our $5.00 a month club supports our Meals on Wheels program. We currently deliver daily meals to over 100 home-bound seniors in Bingham County. Many of our seniors are unable to pay for this service. You can help by buying a senior a meal.
Call the center and become a part of our Club today at 208-785-4714.

JACKIE BABCOCK
MARY BALLARD
PAM BEUS
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LOLA BROWER
MARILYN BUMP
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DWIGHT PETERSON
KATHLEEN PILLEY
MARY REYNOLDS
EMILY SHERMAN
VIOLA WARREN
ANDREA WILLIAMS
WAYNE & BECKY YOUNG

5 dollar a month club prices for 2027

Single person $60.00 a year

Couples $120.00 a year

BINGHAM COUNTY SENIOR CENTER
MEALS ON WHEELS FUNDRAISER

BINGO NIGHT!

Join us for an evening full of Fun, Bingo and Food.
$10 per person (Includes food and 1 bingo card)
18+, Cash prizes, Extra cards $2.
Call ahead to reserve spots 208-785-4714.
50/50 Raffle 1 ticket for $1 or 6 tickets for $5.

AUGUST 14TH
SEPTEMBER 25TH
OCTOBER 23RD
NOVEMBER 20TH
DECEMBER 18TH

20 E. PACIFIC ST.
BLACKFOOT, ID
83221

DOORS OPEN AT 5:30 P.M.
ETA ON BINGO IS 6:15 P.M.

BRING YOUR FRIENDS AND FAMILY!



November

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 9:00 Chair Volleyball 11:00-12:30 Lunch 1:00 Bingo **Sloppy Joes & Salad Bar**	**3** 9:30 Fit & Fall 11:00-12:30 Lunch 1:00 – Starter Line Dancing 1:00 Hand & Foot 2:15 Zumba Gold **Chicken Lasagna & Salad Bar**	4 8:30 Early Voting Board of Directors 8:30 Pinochle 9:00 Chair Volleyball 11:00-12:30 Lunch 1:00 Bridge 1:00 Beginning Line Dancing 2:00 Advanced Line Dancing **Chili Verde & Salad Bar**	**5** 9:30 Fit & Fall 10:30 Helping Hands 11:00-12:30 Lunch 12:45 Dominos 2:15 Zumba Gold **Meatloaf & Salad Bar**	**6** 8:15 Hand & Foot 9-10:30 Breakfast-Pancakes **MOW—Beef & Broccoli**	7
9 8:30 Board Elections 9:00 Chair Volleyball 11:00-12:30 Lunch 1:00 Bingo **Hotdogs & Mac N' Cheese & Salad Bar**	**10** 9:00 Haircuts 9:30 Fit & Fall 11:00-12:30 Lunch 1:00 – Starter Line Dancing 1:00 Hand & Foot 2:15 Zumba Gold **Mongolian Pork & Salad Bar**	**11** 9:00 Chair Volleyball 11:00-12:30 Lunch 11:30 FOUR C's Music 1:00 Bridge 1:00 Beginning Line Dancing 2:00 Advanced Line Dancing **Teriyaki Chicken & Salad Bar**	**12** 9:30 Fit & Fall 10:30 Helping Hands 11:00-12:30 Lunch 12:45 Dominos 2:15 Zumba Gold **Stuffed Peppers & Salad Bar**	**13** 8:15 Hand & Foot 9-10:30 Breakfast-Oatmeal **MOW— Chicken Sandwich**	14
16 9:00 Chair Volleyball 11:00-12:30 Lunch 1:00 Bingo **Meatball Subs & Salad Bar**	**17** 9:30 Fit & Fall 11:00-12:30 Lunch 1:00 – Starter Line Dancing 1:00 Hand & Foot 2:15 Zumba Gold **Chicken Alfredo & Salad Bar**	**18** No Activities 11:00-12:30 Lunch **Thanksgiving Luncheon**	**19** 9:30 Fit & Fall 10:30 Helping Hands 11:00-12:30 Lunch 12:45 Dominos 2:15 Zumba Gold **Finger Steaks & Salad Bar**	**20** 8:15 Hand & Foot 9-10:30 Breakfast-Biscuits & Gravy **MOW— Biscuits & Gravy**	21
23 9:00 Chair Volleyball 11:00-12:30 Lunch 1:00 Bingo **Chicken Drumsticks & Salad Bar**	**24** 9:30 Fit & Fall 11:00-12:30 Lunch 1:00 – Starter Line Dancing 1:00 Hand & Foot 2:15 Zumba Gold **French Dips & Salad Bar**	**25** 8:30 Pinochle 9:00 Chair Volleyball 11:00-12:30 Lunch 1:00 Bridge 1:00 Beginning Line Dancing 2:00 Advanced Line Dancing **Chicken Enchiladas & Salad Bar**	**26** **CLOSED** **MOW- Turkey & Stuffing**	**27** **CLOSED** **MOW— Chicken Parm**	28
30 9:00 Chair Volleyball 11:00-12:30 Lunch 1:00 Bingo **French Bread Pizza & Salad Bar**		**All meals served with Vegetable, Fruit, Grain, Dairy, and Des-sert.** **Meals are sub-ject to change**			

Bingham County Senior Citizens Center

Our Mission Statement is:

"To enhance the quality of life for seniors and others in our community through nutrition, housing, education, and, social opportunities."

Contact Us

Give us a call for more information about our services and products

Bingham County Senior Citizens Center

20 E. Pacific Street
Blackfoot, ID 83221

(208) 785-4714

bcscc@seniors4ever.com

Visit us on the web at
www.seniors4ever.com

SHIBA
Free, Unbiased Medicare Information for Idaho
1-800-247-4422 www.shiba.idaho.gov

November 2026

United Way

BINGHAM MEMORIAL HOSPITAL

